



E-NEWSLETTER

SGPS Office: Summer Hours of Operation

The SGPS Office is open **Tuesday through Thursday 9:30 a.m. until 4:30 p.m. (closed noon until 1 for lunch)**
We are located in room 021 of the John Deutsch University Centre (JDUC)

INTERNATIONAL STUDENTS' COORDINATOR

The SGPS seeks to hire an International Students' Coordinator. Yearly salary is \$1833.28. Deadline to apply is **Monday July 19th, 2010**. For complete details, please see:

<http://www.sgps.ca/jobs/jobs.html>

STUDENT ADVISORS

The SGPS seeks to hire 3 Student Advisors. Yearly salary is \$12,000. Deadline to apply is **Monday July 26th, 2010**. For complete details, please see:

<http://www.sgps.ca/jobs/jobs.html>

WHITEWATER RAFTING

The SGPS is going WhiteWater Rafting on Saturday July 17th, 2010. The cost is \$80 (a \$158 value). **There are only a few spots remaining.** Act quickly before all the spots are gone! Complete details and purchasing information can be found here:

<http://www.sgps.ca/events/social.html>

HEALTH/DENTAL INSURANCE AFTER GRADUATION

All SGPS members are eligible to opt-in to our health and dental insurance plan for an additional year after graduation. You can choose health, dental or both (including couple and family opt-ins). If you are interested or if you would like more details, please contact the SGPS Front Desk Staff (frontdesk@sgps.ca).

FOLLOW US ON TWITTER AND FACEBOOK

The SGPS is now using Twitter and Facebook to keep you updated. We will be posting things like upcoming social events, deadlines (registration, optional fee opt-outs, health and dental) and lots of other important information for our members.

<http://www.facebook.com/group.php?gid=2310661892>

<http://twitter.com/QueensSGPS>

BEAT THE HEAT

One of the biggest barriers to staying active in the summer is the heat heat heat!! There are numerous articles about being safe and smart while exercising outside. Lucky for you, this is not one of those! Instead, I have decided to share two of my favourite low-calorie, high-energy drinks with you. These are a great way to cool down after a day out in the sun!

Peach Soy Milkshake

2 medium peaches, peeled and pitted
2 tablespoons of honey

1 teaspoon vanilla extract
1 1/2 cups of soy milk

Place all ingredients in a blender and process until well mixed. Serve chilled.

Monkeylada (non-alcoholic)

2 very ripe bananas
1 cup pineapple juice
3 ice cubes

1 cup diced fresh pineapple
1/2 cup "lite" coconut milk
**3/4 cup of rum for alcoholic beverage

Puree all ingredients in a blender and enjoy!

If you try either of these drinks let me know how they are at athletics@sgps.ca

Stay Cool!

Amanda - SGPS Athletics Coordinator

ENGLISH FYI

A bi-weekly tidbit of information (grammatical, historical, or just plain weird) about the English language.

Fact

In the sixteenth and seventeenth centuries, the noun "fact" could mean "an evil deed, a crime." This meaning is now obsolete.

Adapted from Perdue Online Writing Lab, <http://owl.english.purdue.edu/owl/resource/660/01/> and the Oxford English Dictionary.

OPT-OUT PERIOD 2010-2011

The optional fee opt-out period for the 2010-2011 academic year will be from September 13th until September 24th, 2010. During this time you can opt-out of optional fees. If you have comparable health and dental insurance, you can also opt-out of the SGPS health and dental plan. More details about the opt-out period will be in future editions of the newsletter.

GRAD CLUB: UPCOMING EVENTS

Monday: 5-7pm for Members only. Pint and Wings \$7.75 plus tax. Domestic draught with hot boneless buffalo wings.

Tuesday: 1/2 price NACHOS 5-7pm for Members only.

TEMPORARY RESIDENCE ROOMS

International students arriving during summer, who do not have their permanent accommodation arranged, may request a temporary residence room in Victoria Hall at a student rate of CAN\$32 (+ tax) per night. For more information or to make a reservation (Queen's University student number is required), please e-mail Queen's Event Services at event.services@queensu.ca by August 27th. Advanced reservations are recommended; availability may be limited. All temporary rooms must be vacated by 12noon Friday, September 3rd.

Please note: End of August and start of September is a very busy period and residence rooms, as well as local area motels/hotels/bed&breakfast tend to sell out. Advanced reservations are recommended for all accommodations.

A message from CFRC 101.9FM

CFRC HIRING MUSIC PROGRAMMING MANAGER

Love music, radio, creative audio production, liaising with volunteers/local musicians/music industry reps, and... paperwork? Well then: CFRC is hiring a Music Programming Manager! This position starts with 20 hours of training from August 3-10; then runs from August 16, 2010-April 30, 2011 with a time commitment of 30 hours per week at a salary of approximately \$16,000 per year, pro-rated to the term of employment. You must be a Queen's student to apply.

For more information, please contact Kristiana at 613-533-2121 and download the application form at <http://www.cfrc.ca>. **Deadline for applications is Monday, July 26, at 4pm**, with interviews taking place that week.

A message from CFRC 101.9FM

CFRC NOW RECRUITING FOR "BELOW THE LINE"

Hard Times? Get paid to create an audio documentary about your experiences. CFRC's "Below the Line" project is recruiting low-income participants to create sound stories about your experience of poverty. Receive free training in digital recording, multitrack editing, mic technique, narration, scriptwriting; free food and bus tickets for workshops; and free access to portable recorders and digital audio studios. Plus, you will be paid a \$250 honorarium upon completion of your sound story.

Workshops will take place weekly from August 9 - September 24, 2010 and the finished productions will be broadcast on CFRC 101.9fm, aired on other community radio stations and installed at The Artel as part of the Poverty Conference 2010 in October.

All ages and backgrounds are welcome and no radio or recording experience is necessary! We regret that CFRC's studios are not wheelchair accessible at this time.

For more information or to apply, please contact Kristiana at 613-533-2121 or cfrtops@ams.queensu.ca before August 3. This project is made possible through the assistance of the Community Radio Fund of Canada.



A message from TAFA and PSAC:

TA/TF UNION MEMBERSHIP CARDS

As of March, 2010, graduate-student teaching assistants and teaching fellows voted to form a union and became a directly chartered local with the Public Service Alliance of Canada. In order to become a full member of the union, allowing you to vote at all union meetings and run for committee and executive positions, graduate TAs and TFs need to sign a membership card. Please contact queens.TAFA@gmail.com to do so.

A message from Queen's University International Centre:

SUBLET OPPORTUNITIES

Going on exchange? Doing some research abroad? If you are looking to sublet your home for a period of 8 months or less, the Queen's University International Centre (QUIC) can help by advertising your sublet opportunity to international graduate and professional students looking to rent over the short term. To list your property for rent, visit the International Housing Office website at:

<http://quic.queensu.ca/resource/rentalpropertysubmissions.asp>

This is a free listing service.

A message from Queen's University International Centre:

STUDENT/COMMUNITY HOSTS

The Queen's University International Centre (QUIC) is looking for volunteer students and community members to offer free temporary accommodation (for up to 3 nights, free of charge) to newly arriving international students. For more information visit the QUIC website: <http://quic.queensu.ca/resource/studentandcommunityhosts.asp> or contact the International Housing Coordinator at IHC@queensu.ca.

Office of the University Registrar: Newsletter

To read the newsletter in its entirety, [click here](#). Highlights are below.

Registration Information Page for New Students

Are you a new student coming to Queen's? Be sure to review the Guide to Registration and Fees at <http://www.queensu.ca/registrar/Register.html>.

Applying for a Refund Changes September 1, 2010

We heard you! You asked why my refund can't just be deposited to my bank account. Well we have been working on this and now The Office of the University Registrar is pleased to announce that starting September 1, 2010 all refunds will be directly deposited into your personal bank account using electronic funds transfer (EFT). Find out more information at <http://www.queensu.ca/registrar/currentstudents/fees/refund/ApplyForRefund.html>.

2010 Fees - Now on the web

The fees for the new academic session (May 1, 2010 to April 30, 2011) are now available on the web. Click on the link for more information on what fees will be applied to your tuition account beginning early August.

- [Graduate Students](#).

Do you owe the University money? View your online fee account statement.

All outstanding fees from the previous session have to be paid by **June 15th, 2010**. Check your online fee account statement today to see if there are outstanding fees that are due.

Exception: Graduate students who pay their tuition using the pre-authorized payment plan should verify that their payment arrangement for their spring/summer session is sufficient to cover all remaining outstanding fees. Log onto QCARD to view the spring/summer fee information that has been applied to your account and determine if the monthly payment is sufficient to cover this amount.

Click on the link to view more information on this in our June/July newsletter. <http://www.queensu.ca/registrar/news/newsletters/may/debt.html>

Graduate students' registration information:

1. Beginning April 1 Graduate students begin signing onto QCARD to confirm their [payment methods](#);
 - a. [cash](#),
 - b. [pre-authorized payment plan](#), or
 - c. [funded student](#).
2. If you have selected the cash payment option then you will need to ensure your [minimum registration payment has](#) been paid into your tuition account before August 1. The balance of fees is due by September 30th.

MORE registration information for Fall 2010

- Minimum registration payment deadline.
- [Consequences of not paying by the August 1st deadline](#).

Verification of enrolment – On QCARD

It's fast, it's easy and you can do it yourself on QCARD. Use this form for RESP, Student Line of Credit and much more. [Click on the link for more information](#).

OSAP

Still looking for information about your Winter 2010 or Spring/Summer 2010 OSAP? [Click here for more information](#).